

All your antenatal assessments will be recorded in your “Maternity Record Book” which you should keep with you at all times in case information is needed in an emergency. The book also has details of whom to contact in an emergency. For non-urgent matters contact the surgery.

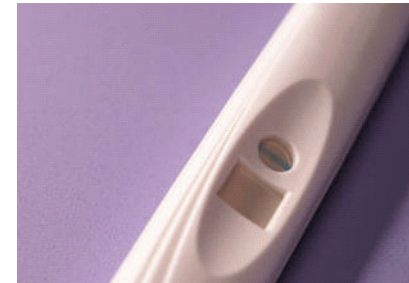
We encourage all mums-to-be to attend antenatal classes. These are held at Isebrook Hospital or Kettering General Hospital. The National Childbirth Trust runs private evening sessions where fathers are actively encouraged to join in. Our local Physiotherapists also advise on back pain and bladder problems in their special antenatal classes.



Enjoy your pregnancy!

Redwell Medical Centre
0844 477 2436

Redwell Medical Centre Antenatal Care



Congratulations on your pregnancy!

If this is your first child or you are new to the area please read our leaflet. It will help you understand how we organise your antenatal care here at Redwell Medical Centre

We work closely with our community midwives who will see you most frequently during your pregnancy.



Initially our receptionists will book an appointment for you to see your usual doctor who will arrange your first scan and discuss whether you need to be referred to an obstetrician. If you have no significant health problems then all antenatal care will be with your community midwife and doctor. Internal examinations to check dates are not routinely carried out anymore.



You will also be advised on healthy eating during your pregnancy and other relevant issues. You will also be weighed.



Anything you are unsure about PLEASE DO ASK.

Most of our babies are born in Kettering or Northampton General hospitals. As a practice we have closer links with Kettering. If you want to have your baby at home this will need to be discussed with your midwife.

You will normally meet your midwife when you are approximately 10 weeks pregnant which will be here at the medical centre. You will need to bring a urine sample. You may have already had your first routine scan which is done between 10 and 12 weeks gestation.

Your midwife will discuss and plan your antenatal care including routine screening tests such as the triple test. It's important you understand why these tests are done.



Further assessments will be at approximately 15 weeks, 24 weeks and 28 weeks. Then more often up to your delivery. Also your doctor will usually see you again at 34-36 weeks.

