

THE REDWELL MEDICAL CENTRE NEWSLETTER

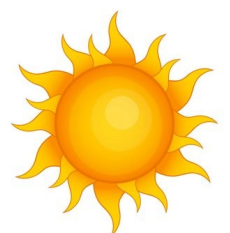
Welcome to RMC's May 2024 Newsletter.

This Newsletter is designed to inform you of new developments within the practice, any health issues/campaigns that may be happening or any other news that is relevant.

General Practice is working harder than ever with 90% of patients being seen but only given 8% of the NHS budget. Over the years, hospitals and other secondary providers have passed work on to General Practice that is no longer sustainable and is actually within the contract for them to complete. This includes things like issuing Fit (Sick) Notes, giving out results, organising follow up appointments or prescribing medications. This increased workload is putting pressure on an already very busy staff so therefore, from the 1st May, General Practice will no longer be undertaking this unfunded activity and it will be passed back to secondary providers to complete. We are committed to ensuring that General Practice remains sustainable so that we can continue looking after our patients.



We hope you are enjoying the **sunny** weather but remember it's very important to protect yourself. Always wear **SPF** to protect yourself against sunburn and to reduce your risk of developing skin cancer. Also make sure you keep hydrated, take extra care with children, protect your eyes and keep in the shade especially between 11am and 3pm wherever possible. Heat exhaustion and heatstroke can become **very serious** so make sure you are aware of the signs, visit www.nhs.uk/conditions/heat-exhaustion-heatstroke for more info.



We now offer a call back function on our telephone system, which we hope you will find useful! Please ensure you answer when we call you back as the system will only allow us to attempt the call once.



Don't forget to download the NHS App to gain access to your online services where you will be able to see your summary care record, recent test results, book certain appointments and order medication. We encourage the use of online services to help reduce the amount of calls the practice receives.

Our phone lines are open as follows:

Prescriptions: 11am-3pm

Test Results: 11am-1pm

Appointments/general enquiries: 8.30-6.30pm

Please note our busiest period is between 8.30-10am.

It's Hayfever season!! A reminder that hayfever treatment is no longer routinely prescribed and should be bought over the counter. Please visit your local pharmacist for advice.

We have had 346 appointments wasted since 1st Jan 2024 due to patients not attending. Please remember to cancel your appointment if it's no longer needed!



Dates to remember

Mental Health Awareness Week 13th-19th May. Visit www.mentalhealth.org.uk for more info.

Carers Week 10th-16th June. Visit www.carersuk.org for more info.

Mens Health Week 10th-16th June. Visit www.menshealthforum.org.uk/mhw for more info.

Diabetes Awareness Week 12th-18th June. Visit www.diabetes.org.uk for more info.

Learning Disability Week 17th-23rd June. Visit www.mencap.org.uk/learningdisabilityweek for more info.

Alcohol Awareness Week 1st-17th July. Visit www.alcoholchange.org.uk for more info.

Don't forget to follow us on Facebook to keep up to date with any news or relevant information.

Scan the QR code or search for Redwell Medical Centre

