

THE REDWELL MEDICAL CENTRE NEWSLETTER



Welcome to RMC's December 2024 Newsletter.

This Newsletter is designed to inform you of new developments within the practice, any health issues/campaigns that may be happening or any other news that is relevant.

We wish all of our patients a very Merry Christmas and a Happy New Year!

On 8th November we went live with our new Anima system! The NHS have made it a contractual requirement for practices to offer an online consultation tool, so we decided to use Anima, in line with all of the practices in Wellingborough. Thank you to all of you who have already signed up, we currently have 7,670 registrations out of 12,306 registered at the practice.

All appointment requests must be submitted through Anima. Medical requests are sent straight to a Clinician to be triaged and you will receive a message, via text or your Anima account with an outcome. We can also accept administrative requests, such as Fit Note requests, forms, appointment cancellations or travel assessments. Routine prescription requests must still be submitted through your NHS App but urgent medication requests (where you have no medications left at all) can be requested through Anima. We also encourage you to still use your NHS App to view your test results.

Since going live, we have already been able to deal with far more patient requests than what we would have previously.

You can submit a medical request from 7.30am but once all of our capacity has been used, you will not be able to submit anymore requests until we open again the next working day. Admin requests can be submitted 24/7.

 **anima** The fastest way to get the care you need

Submit a **medical** or **admin** request and get the **help you need** - without waiting for an appointment

[Submit a request](#)



Dr Desmond Obih left at the end of September due family and personal circumstances. We thank Dr Obih for all of his hard work and wish him luck for his future career.

Dr Patel retired at the end of November after many many years of working as a GP in the NHS! We thank Dr Patel for his long service and commitment to General Practice and wish him all the best for his future.

Nurse Stacey will be leaving at the end of December. We thank Stacey for all of her hard work over the last 9 years at RMC.

We have had 525 appointments wasted since May due to patients not attending. Please remember to cancel your appointment if it's no longer needed!



It's not too late to get your flu jab if you are aged between 18-64 with an at risk long term health condition. We have unfortunately seen very few patients attending for their flu jab this year which is worrying as the influenza (flu) virus can cause serious complications. For more info, visit the NHS website regarding Flu.



Our staff took part in #WearPink for Breast Cancer Awareness Day on October 18th. Here are some of our top tips:

- Check once a month (for females a few days after your period ends)
- Look for any changes in the mirror
- Feel for lumps or bumps
- Check for any obvious discharge



Don't forget to follow us on **Facebook** to keep up to date with any news or relevant information.

Scan the QR code or search Redwell Medical



We are proud to announce that Sarah-Jane has qualified as our Primary Care Cancer Champion and the Practice is working in Partnership with Macmillan information & Support Centres in Northamptonshire



Are you a carer? Or even a young carer? Northamptonshire Carers are available to offer you support. Call 01933 677907 or visit their website.