

# THE REDWELL MEDICAL CENTRE NEWSLETTER

Welcome to RMC's September 2025 Newsletter.

This Newsletter is designed to inform you of new developments within the practice, any health issues/campaigns that may be happening or any other news that is relevant.

**This year has flown by and we are already approaching flu season! If you are eligible for a free NHS flu vaccine you can attend your designated walk in clinic as follows:**

**Age 75+**

8th October 10:00-13:00

**Age 51 yrs—64 yrs in a clinical risk group**

9th October 15:30-17:30

(if you turn 65 by 31.03.26 you should attend  
14th October clinic)

**Aged 65 yrs—75 yrs**

14th October 14:00-17:00

**Aged 18—50 yrs in a clinical risk group**

23rd October 15:30-17:30



**Alternatively, you can pre-book an appointment by speaking with reception, calling us or submitting an admin request via Anima.**

**If you are unsure whether you are eligible for a vaccine, please ask a member of staff or visit the NHS website.**

**Those under the age of 18 are eligible for a nasal flu vaccine if they are aged 2-3 or have an at risk condition. All other primary school children will be vaccinated via the school nurse.**

**We will not be administering the COVID vaccine.**

**This is a reminder to all patients that all appointment requests (apart from treatment area) must be submitted through the Anima system. Our receptionists no longer have access to directly book appointments. If you are struggling to use the system, our receptionists are more than happy to show you how to create an account and submit requests.**

 **anima** The fastest way to get the care you need

Submit a **medical** or **admin** request and get the **help you need** - without waiting for an appointment

[Submit a request](#)



Did you know that you can request your repeat prescription via the NHS App? The NHS has a plan to eventually become paperless, help us to achieve this by requesting your medication through the NHS App, rather than paper format. You can also receive information on referrals and view your medical record. You do not need to speak to us to create account, just visit <https://help.login.nhs.uk/setupnhslogin/> and follow the instructions.

We have had 897 appointments wasted since January 2025 due to patients not attending. 😞 Please remember to cancel your appointment if it's no longer needed!

If you're aged 40 to 74 and do not have a pre-existing health condition, you should be invited to an NHS Health Check. Speak with one of our receptionists to find out if you are eligible.



**2025/26**

### **Christmas Opening Times**

Wed 24th - open

Thurs 25th - closed

Fri 26th - closed

### **New Year Opening Times**

Wed 31st - open

Thurs 1st - closed

Fri 2nd - open

#### **Clinical Team**

Dr J Cox - GP Partner (male)

Dr N Jain - GP Partner (male)

Dr M Kahwa - GP Partner (female)

Dr A Soyombo - GP (male)

Dr T Fernando - GP (female)

Dr O Oyaigbevwen (Dr Efe) - GP (male)

Dr S Karim - GP (female)

Sue Laws - Advanced Nurse Practitioner (female)

Holly Boustred - Nurse Manager. Respiratory & Minor illness Nurse (female)

Kethiwe (KT) Tazvivinga—Treatment Area & Minor Illness Nurse (female)

Don't forget to follow us on **Facebook** to keep up to date with any news or relevant information.

Scan the QR code or search Redwell



Are you a carer? Or even a young carer? Northamptonshire Carers are available to offer you support. Call 01933 677907 or visit their website.